

# MCR- 1 November Lunch Menu



		1 Meatball sub Hot Dog with bun Garden Salad Fruit	2 Pepperoni Pizza Chili Cucumber slices w/ranch Fruit Cinnamon roll	3 Spagetti or Turkey Sub Peas and Carrots Fruit
6 Pizza Quesadilla Bosco Stick Marinara Sauce Broccoli Baby Carrots Fruit	7 Cheeseburger or Grilled Cheese Crinkle Fries Carrots Fruit	8 Beef Nachos Beef & Bean Burrito w/Salsa Refried Beans Fruit	9 Chicken Nuggets or Grilled Chicken Sandwich Veggie Cup w/ Ranch Mashed Potatoes Fruit Choc Chip Cookie HS Yogurt - El	10 Cheese Pizza Mini Corn Dogs Garden Salad Fruit
13 Breaded Chicken Sandwich Italian Dog Crinkle Fries Corn Fruit	14 Pepperoni Pizza Sloppy Joes Green Beans Fruit	25 Walking Taco or Breaded Beef Sandwich Baby Carrots Baked Beans Fruit Choc Chip Granola - HS	16 Pizza Bosco Stickw/ Marinara sauce Cheeseburger Baby Carrots & Broccoli w/ ranch Yogurt - HS Fruit	17 Fish Fillet or Chicken Nuggets Mashed Potatoes Broccoli Fruit Chocolate Chip Cookie
20 Fritos Chili Pie or Hot Ham & Cheese Baked Beans Corn Cookie Fruit	21 Tukey or Ham Mashed Potatoes w/gravy Wheat roll Green Beans Fruit	22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL
27 Country Fried Steak Wheat Roll BBq Pork Sandwich Mashed Potatoes Green Beans Fruit	28 Corn Dog Pizza Quesadilla Crinkle Fries Mixed Veg Fruit Cookie - HS	29 Hot Ham & Cheese Hamburger Tater Tots Corn Fruit	30 Chili w/crackers Pepperoni Pizza Veggie cup w/ranch Fruit Cinnamon roll	

1% Skim and Fat Free Chocolate Milk will be offered with every meal

MENU SUBJECT TO CHANGE

This Institution is an equal opportunity provider